

Date	Start Time	End Time	Session	Presenter	ACE	AFAA	NSCA/CPT	CSCS	NASM/CPT	NASM/CGT
2/7/08	5:30PM	6:30PM	Break Down Dance	Shaun Thompson		0.75				
2/7/08	5:30PM	6:30PM	Ball Booty	Abbie Appel	0.1	0.75	0.1	0.1		0.1
2/7/08	5:30PM	6:45PM	Pick Me, Pick Me	Mindy Mylrea	0.1	1.25				0.1
2/7/08	6:45PM	7:45PM	DanceSati	Patricia Moreno						
2/7/08	6:45PM	7:45PM	Body Bar Grace Under Pressure	Clay Grant	0.1					0.1
2/7/08	6:45PM	7:45PM	Healthy Shoulders	Kelly Kane			0.1	0.1		0.1
2/7/08	7:00PM	8:30PM	Understanding Functional Training	Juan Carlos Santana	0.1	1.25	0.15	0.15	0.15	0.15
2/7/08	8:00PM	9:00PM	Les Mills: BODYATTACK™	Joella Hopkins	0.1	0.75			0.1	0.1
2/7/08	8:00PM	9:00PM	Cardio Party	Rob Glick	0.1	0.75				
2/7/08	8:00PM	9:00PM	Booty Shakin' Dance Party	Shaun Thompson		0.75				
2/8/08	7:00AM	8:30AM	Spartan Training for the Warrior in You	Juan Carlos Santana	0.1	1.25	0.15	0.15	0.15	0.15
2/8/08	7:00AM	8:30AM	Yo-Step®	Lawrence Biscontini	0.1	1.25				
2/8/08	7:00AM	8:30AM	Gliding Gone Wild	Mindy Mylrea	0.1	1.25				0.15
2/8/08	7:00AM	8:30AM	STOTT PILATES® Athletic Conditioning on the Reformer	PJ O'Clair	0.1		0.15	0.15	0.15	0.15
2/8/08	7:00AM	8:30AM	Spinning® Motivation: The Power to Empower	Dixie Douville	0.1					0.15
2/8/08	7:00AM	8:30AM	Kettlebells for the Creative Mover	Michelle Khai		1.25			0.15	0.15
2/8/08	7:00AM	8:30AM	Peak Pilates®: Back Conditioning	Dunphy/Trap	0.1	1.25	0.15		0.15	0.15
2/8/08	8:00AM	10:00AM	Yoga Shanti	Jessica Bellofatto	0.2					
2/8/08	8:00AM	10:00AM	Creating a World Class Group Fitness Program	Betsy Mancine	0.2					
2/8/08	8:00AM	10:00AM	CHEK INSTITUTE: Understanding Posture	Suzi Nevell	0.2		0.2	0.2		
2/8/08	9:00AM	10:15AM	All Ball Circuit by BOSU	Glick/Krauss/Roberts/Blahnik	0.1	1	0.1	0.1	0.1	0.1
2/8/08	9:00AM	10:15AM	1, 2 Step	Petra Kolber	0.1	1				0.1
2/8/08	9:00AM	10:15AM	Tribal Jazz	Robert Steinbacher		1				
2/8/08	9:00AM	10:15AM	STOTT PILATES® Group Reformer Classes: Teaching Skills & Program..	PJ O'Clair	0.1					0.1
2/8/08	9:00AM	10:15AM	Spinning® Feel the Rhythm, Feel the Rhyrme	Dawn Juarez						0.1
2/8/08	9:00AM	10:15AM	Les Mills: BODYJAM™	Myrst Oglesby	0.1	1				0.1
2/8/08	9:00AM	10:15AM	Peak Pilates®: Mve™ Hard Core	Dunphy/Trap	0.1	1.25			0.1	0.1
2/8/08	10:30AM	11:30AM	Body Bar Even More Hard Core Training	Keli Roberts	0.1	0.75	0.1	0.1	0.1	0.1
2/8/08	10:30AM	11:30AM	Step & Sculpt by BOSU	Rob Glick	0.1	0.75				0.1
2/8/08	10:30AM	11:30AM	Jazz Funk	Christine Reiter						
2/8/08	10:30AM	11:30AM	Body Strikes	Ilaria Montagnani						0.1
2/8/08	10:30AM	11:30AM	Spinning® Reaction Ride	Joshua Taylor		0.75				0.1
2/8/08	10:30AM	11:30AM	VIBE	Dean Hodgkin		0.75				0.1
2/8/08	10:30AM	11:30AM	Peak Pilates®: Inner Strength Workout	Dunphy/Trap	0.1	1.25			0.1	0.1
2/8/08	10:30AM	12:30PM	Equilibrium Flow	Natalie Ullmann						
2/8/08	10:30AM	12:30PM	Nordic Walk Now!	Suzanne Nottingham	0.2		0.2			
2/8/08	10:30AM	12:30PM	Designing Killer Programs for Killer Results	Juan Carlos Santana	0.2					
2/8/08	10:30AM	12:30PM	Coaching and Development for Success	Stephanie Montgomery	0.2					
2/8/08	11:45AM	1:00PM	Hard Work Conditioning	Patrick Goudeau	0.1	1			0.1	0.1
2/8/08	11:45AM	1:00PM	Calvingraphy: The Diary of Step	Calvin Wiley						
2/8/08	11:45AM	1:00PM	Powerstrike on Guard	Ilaria Montagnani						
2/8/08	11:45AM	1:00PM	Finding Your Core	Kathy Corey			0.1		0.1	0.1
2/8/08	11:45AM	1:00PM	Spinning® A Ride a Minute	Dixie Douville	0.1					0.1
2/8/08	11:45AM	1:00PM	Liquid Length	Misty Tripoli						
2/8/08	11:45AM	1:00PM	Peak Pilates®: Dynamic Duo- Pilates & Yoga	Dunphy/Trap	0.1	1.25				0.1
2/8/08	1:00PM	3:00PM	Back Bends	Jessica Bellofatto	0.2					
2/8/08	1:00PM	3:00PM	Cream Rises: Promoting Excellence Among Instructors & Trainers	Lawrence Biscontini	0.2					
2/8/08	1:00PM	3:00PM	CHEK INSTITUTE: Overcoming Chronic Back Pain	Suzi Nevell	0.2		0.2	0.2		
2/8/08	1:30PM	3:00PM	New School Stability Ball Training	Rob Glick	0.1	1.25	0.15	0.15	0.15	0.15
2/8/08	1:30PM	3:00PM	Groove FX	Rebecca Small		1.25				
2/8/08	1:30PM	3:00PM	Mix It Up	Tony Stone		1.25				
2/8/08	1:30PM	3:00PM	STOTT PILATES® Reformer Workout for Men	Jennifer Dahl	0.1		0.15	0.15	0.15	0.15
2/8/08	1:30PM	3:00PM	Spinning® Bike Fit Part 1	Taylor/Juarez	0.1	0.75				0.15
2/8/08	1:30PM	3:00PM	CoreSati	Patricia Moreno						
2/8/08	1:30PM	3:00PM	Peak Pilates®: Reformer on the Mat	Dunphy/Trap	0.1	1.25				0.15
2/8/08	3:30PM	5:00PM	All About Abs	Mindy Mylrea	0.1	1.25	0.15	0.15	0.15	0.15
2/8/08	3:30PM	5:00PM	Understanding the Core	Kelly Kane			0.15	0.15	0.15	0.15
2/8/08	3:30PM	5:00PM	Spinning® Bike Fit Part 2	Taylor/Juarez	0.1	1.25				0.15
2/8/08	3:30PM	5:00PM	Les Mills: BODYCOMBAT™	Josef Matthews	0.1	1.25				0.15
2/8/08	3:30PM	5:00PM	Peak Pilates®: Coaching Clinic	Dunphy/Trap	0.1	1.25				0.15
2/8/08	3:30PM	5:00PM	Deep Flow Yoga	Molly Fox						
2/8/08	3:30PM	5:00PM	Can You Manage Group Fitness Management	Carol Scott	0.1					
2/8/08	3:30PM	5:00PM	MELTCore™	Sue Hitzmann	0.1		0.15	0.15		
2/8/08	5:30PM	7:00PM	Just a Little B.I.T.	Abbie Appel	0.1	1.25			0.15	0.15
2/8/08	5:30PM	7:00PM	The LB Method	Lawrence Biscontini	0.1	1.25			0.15	0.15
2/8/08	5:30PM	7:00PM	The Best GIGG	Goudeau/Giswold	0.1					
2/9/08	7:00AM	8:30AM	BOSU Skills & Drills	Stacey Lei Krauss	0.1	1.25	0.15	0.15	0.15	0.15
2/9/08	7:00AM	8:30AM	Step Maneuvers - Level 3	Rebecca Small	0.1	1.25				0.15
2/9/08	7:00AM	8:30AM	Kamae	Dean Hodgkin	0.1	1.25				0.15
2/9/08	7:00AM	8:30AM	STOTT PILATES® Athletic Conditioning on the Reformer	PJ O'Clair	0.1		0.15	0.15	0.15	0.15
2/9/08	7:00AM	8:30AM	Spinning® Music: Inspiration Motivation, Harmony	Dawn Juarez	0.1	1.25				0.15
2/9/08	7:00AM	8:30AM	KettleBell: Total Body Blast!	Keli Roberts	0.1	1.25	0.15	0.15	0.15	0.15
2/9/08	7:00AM	8:30AM	Peak Pilates®: Pilates for Overweight Clients	Dunphy/Trap	0.1	1.25	0.15	0.15	0.15	0.15
2/9/08	7:00AM	8:30AM	Vinyasa Flow Yoga	Seane Corn						0.15
2/9/08	7:00AM	8:30AM	The Power of the Mental Picture	Lisa Wheeler	0.1	1.5				0.15
2/9/08	7:00AM	8:30AM	Secrets of the Core	Gray Cook	0.1	1.25	0.15	0.15	0.15	0.15
2/9/08	9:00AM	10:15AM	Body Bar FIT Athletic Conditioning	Keli Roberts	0.1	1	0.1	0.1	0.1	0.1
2/9/08	9:00AM	10:15AM	Chaos	Dale/Katami		1				0.1
2/9/08	9:00AM	10:15AM	#1's	Patrick Goudeau		1				
2/9/08	9:00AM	10:15AM	Heart Core	Molly Fox	0.1	1				0.1
2/9/08	9:00AM	10:15AM	Spinning® In the "MIX"	Joshua Taylor		1				0.1
2/9/08	9:00AM	10:15AM	Street Jazz	Tony Stone		1				
2/9/08	9:00AM	10:30AM	Peak Pilates®: Spotting Techniques	Dunphy/Trap	0.1	1.25	0.15			0.15
2/9/08	9:00AM	11:00AM	Detox Flow	Seane Corn						0.2
2/9/08	9:00AM	11:00AM	Polates: Pilates + Nordic Walking	Rose Zahnn	0.2		0.2			0.2
2/9/08	9:00AM	11:00AM	InterPersonal Training	Frank Butterfield		2				0.2
2/9/08	9:00AM	11:00AM	Winning at Losing: The TRUTH About Successful Weight Loss	Len Kravitz	0.2	2	0.2	0.2		0.2
2/9/08	10:45AM	11:45AM	Body Bar Equilibrium: Flex Fusion	Lisa Wheeler	0.1	0.75			0.1	0.1
2/9/08	10:45AM	11:45AM	Breakin' Step	Robert Steinbacher		0.75				0.1
2/9/08	10:45AM	11:45AM	Calvingraphy: Gold Edition	Calvin Wiley						
2/9/08	10:45AM	11:45AM	TRIADBALL Excel! 2008	Fritze/Voogt	0.1					0.1
2/9/08	10:45AM	11:45AM	Dragon Heart II- Discover Your Inner Warrior	Annick Robinson						0.1
2/9/08	10:45AM	11:45AM	Spinning® The San Francisco Grand Prix	Dixie Douville		0.75				
2/9/08	11:15AM	12:45PM	GRAVITY@Mve™ Circuit	Dunphy/Glick	0.1	1.25			0.15	0.15
2/9/08	11:15AM	12:45PM	Sacred Strength Yoga Flow	Stephanie Culen		1.25				0.15
2/9/08	11:15AM	12:45PM	To Kid or Not To Kid	Ann Gilbert			0.15	0.15	0.15	0.15
2/9/08	11:15AM	12:45PM	Secrets of the Shoulder	Gray Cook	0.1	1.5	0.15	0.15	0.15	0.15
2/9/08	12:00PM	1:00PM	SmartBells: Balls & Bells	Lisa Wheeler						
2/9/08	12:00PM	1:00PM	Step in Time	Jon Giswold						
2/9/08	12:00PM	1:00PM	Joneeba African Dance	Djoniba Mouffet						
2/9/08	12:00PM	1:00PM	SPIN Pilates™: COREography	Marci Clark	0.1	0.75				0.1
2/9/08	12:00PM	1:00PM	Spinning® 212: The Extra Degree	Joshua Taylor		0.75				
2/9/08	12:00PM	1:00PM	Mistykal Trancefusion	Misty Tripoli						
2/9/08	1:30PM	3:00PM	BOSU Complete Lower Body Overload	Keli Roberts	0.1	1.25	0.15	0.15	0.15	0.15
2/9/08	1:30PM	3:00PM	Core Energy Flow	DeVito/Hallpapp						0.15
2/9/08	1:30PM	3:00PM	3, 2, 1 Dance	Petra Kolber	0.1	1.25				0.15
2/9/08	1:30PM	3:00PM	STOTT PILATES®: Pilates on the Green for Golf- Matwork Level 1	PJ O'Clair			0.15	0.15	0.15	0.15
2/9/08	1:30PM	3:00PM	Spinning® Class Construction: Soup to Nuts	Dixie Douville	0.1	1.25				0.15
2/9/08	1:30PM	3:00PM	Hip Hop Basics	Angie Bunch		1.25				

2/9/08	1:30PM	3:00PM	GRAVITY®: Pilates With A Slant	Elizabeth Leeds	0.1	1.25					0.15
2/9/08	1:30PM	3:00PM	Inner Balance and Yoga	Natalie Ullmann		1.25					0.15
2/9/08	1:30PM	3:00PM	Nordic Walk for Back Health	Suzanne Nottingham	0.1	1.25	0.15				0.15
2/9/08	1:30PM	3:00PM	Everything You Want to Know about Fat AND MORE!	Len Kravitz	0.1	1.5	0.15	0.15	0.15		0.15
2/9/08	1:30PM	3:00PM	Upgrade Your Management Skills	Chapman/Kohles	0.1	1.5					
2/9/08	3:30PM	5:00PM	Strength Toolbox	Mindy Mylrea	0.1	1.25	0.2	0.2		0.15	0.15
2/9/08	3:30PM	5:00PM	Body Art Deep Work	Robert Steinbacher		1.25					0.15
2/9/08	3:30PM	5:00PM	IntenSati Workout	Patricia Moreno							
2/9/08	3:30PM	5:00PM	STOTT PILATES® Intermediate Matwork	PJ O'Clair	0.1		0.2			0.15	0.15
2/9/08	3:30PM	5:00PM	Spinning® Performance Indoor Riding	Taylor/Juarez	0.1		0.2	0.2			0.15
2/9/08	3:30PM	5:00PM	GRAVITY®: Blast & Furious	Rob Glick	0.1	1.25					0.15
2/9/08	3:30PM	5:00PM	SPIN Pilates™: Athletic Pilates Mat	Marci Clark	0.1	1.25	0.2	0.2			0.15
2/9/08	3:30PM	5:00PM	Creating Your Own Attentive, Inspired Yoga Practice	Elena Brower							0.15
2/9/08	3:30PM	5:00PM	The Creative Idea Factory	Frank Butterfield	0.1	1.5					0.15
2/9/08	3:30PM	5:00PM	Sugar Sabotage	Scott Josephson	0.1						0.15
2/9/08	5:30PM	7:00PM	CHEK INSTITUTE: Train the Movement, Not the Muscle	Mark Stone	0.1	1.5	0.15	0.15	0.15	0.15	0.15
2/10/08	7:30AM	9:00AM	GRAVITY®: High Voltage Circuit	Groh/Glick	0.1	1.25	0.2	0.2	0.2	0.2	0.2
2/10/08	7:30AM	9:30AM	The Fine Art of Staff Development	Ann Gilbert	0.2						0.2
2/10/08	7:30AM	9:30AM	Got Muscle? Want Some More? Training for Shape and Size	Scott Josephson	0.2		0.2	0.2	0.2	0.2	0.2
2/10/08	8:00AM	9:30AM	Mind/Body Training by BOSU	Stacey Lei Krauss	0.1	1.25	0.15				0.15
2/10/08	8:00AM	9:30AM	East Meets West: Universal Mat Dimensions	Corey/Voogt/Fritzke							0.15
2/10/08	8:00AM	9:30AM	Let the Praise Begin!	Clay Grant							
2/10/08	8:00AM	9:30AM	Dragon Heart III- Unleash Your Inner Warrior	Annick Robinson							0.15
2/10/08	8:00AM	9:30AM	Spinning® Actions Speak Louder Than Words	Dawn Juarez	0.1		0.15	0.15			0.15
2/10/08	8:00AM	9:30AM	KettleBells: BellButt™	Keli Roberts	0.1	1.25					0.15
2/10/08	8:00AM	9:30AM	Yoga & Sound Meditation	Dalien		1.5					
2/10/08	9:30AM	11:00AM	GRAVITY®: Amplified Resistance	Rob Glick	0.1	1.25				0.15	0.15
2/10/08	10:00AM	11:30AM	Elegant Strength	Petra Kolber	0.1	1.25					0.15
2/10/08	10:00AM	11:30AM	2-Dimensional Step- Level 2	Rebecca Small	0.1	1.25					0.15
2/10/08	10:00AM	11:30AM	Spirit Groove	Misty Tripoli							
2/10/08	10:00AM	11:30AM	STOTT PILATES® Intense Sculpting Challenge Flex-Band Level 4	Jennifer Dahl	0.1		0.15	0.15	0.15	0.15	0.15
2/10/08	10:00AM	11:30AM	Spinning®: Weight Loss & Spinning	Dixie Douville	0.1	1.25	0.15	0.15			0.15
2/10/08	10:00AM	11:30AM	Rest House Dance	Christiane Reiter							
2/10/08	10:00AM	12:00PM	Anusara Yoga: Unlocking The Doors of Your Heart Through Shoulder..	Amy Ippoliti							0.2
2/10/08	10:00AM	12:00PM	Nordic Walking For Active Older Adults	Suzanne Nottingham	0.2		0.2	0.2			
2/10/08	10:00AM	12:00PM	And Then Comes Virtue	Frank Butterfield		1					
2/10/08	10:00AM	12:00PM	CHEK INSTITUTE: Better Butt, Better Back	Mark Stone	0.2	1	0.2	0.2	0.2	0.2	0.2
2/10/08	11:30PM	1:00PM	GRAVITY®: Up Close & Personal Training	Jeffrey Groh	0.1	1.25				0.15	0.15
2/10/08	11:45PM	1:15PM	Advanced Pilates Challenge	Alisa Wyatt		1					0.1
2/10/08	12:00PM	1:00PM	Band Camp	Paul Katami	0.1	0.75					0.1
2/10/08	12:00PM	1:00PM	Step Right Up	Abbie Appel	0.1	0.75					0.1
2/10/08	12:00PM	1:00PM	Culture Shock Hip Hop	Angie Bunch							
2/10/08	12:00PM	1:00PM	Spinning® Chilled Out	Joshua Taylor		0.75					0.1
2/10/08	12:00PM	1:00PM	NYC Dance Project	Abby Goldenberg							
2/10/08	1:30PM	3:00PM	Stiletto Camp	Molly Fox	0.1						0.15
2/10/08	1:30PM	3:00PM	Core Fusion	DeVito/Halfpapp	0.1						0.15
2/10/08	1:30PM	3:00PM	Video Dance- The Breakdown	Tony Stone		1.25					0.15
2/10/08	1:30PM	3:00PM	A 5, 6, 7, 8	Frank Butterfield	0.1	1.25				0.15	0.15
2/10/08	1:30PM	3:00PM	Spinning® The Road: A Landscape Journey	Dawn Juarez	0.1						
2/10/08	1:30PM	3:00PM	GRAVITY®: Grandslam	Groh/Glick/Leeds	0.1	1.25				0.15	0.15
2/10/08	1:30PM	3:00PM	Helping Seniors Stay Strong	Ann Gilbert			0.15			0.15	0.15
2/10/08	1:30PM	3:00PM	Teaching Prenatal Yoga	Elena Brower			0.15			0.15	0.15
2/10/08	1:30PM	3:00PM	Customer Service: Excellence in Customer Service Training	Lawrence Biscontini	0.1	1.5				0.15	0.15
2/10/08	1:30PM	3:00PM	Neurophysiology of Resistance Training, Fitness & Exercise	Jim Bell			0.15	0.15		0.15	0.15
2/10/08	3:30PM	5:00PM	Body Art Stretch	Robert Steinbacher		1.25					
2/10/08	3:30PM	5:00PM	STOTT PILATES® Intermediate Matwork	PJ O'Clair	0.1		0.15				0.15
2/10/08	3:30PM	5:00PM	Spinning®: Riding, Leading & Educating	Dixie Douville	0.1						0.15
2/10/08	3:30PM	5:00PM	Restorative Yoga	Lashaun Dale		1.5					0.15
2/10/08	3:30PM	5:00PM	GRAVITY®: CoreDynamics	Elizabeth Leeds	0.1	1.25				0.15	0.15
2/10/08	3:30PM	5:00PM	Anusara Yoga: Open Hips, Open Mind, Total Freedom	Amy Ippoliti			0.15				0.15
2/10/08	3:30PM	5:00PM	The Dance of the Mind & the Body	Dalien		1.5					0.15
2/10/08	3:30PM	5:00PM	Science & Practice of Youth & Exercise	Jim Bell			0.15	0.15	0.15		0.15